

Name – Nitika Pawari, Roll No. – 188471714

Course – MSW

Celebration of Ek Bharat Shreshtha Bharat <EBSB> under Azadi ka Amrit Mahotsav

This programme is jointly conducted by IGNOU RC Vatakara and IGNOU RC Chandigarh on 4th March and 8th March through online mode. Initially the programme started with a Prayer Song by Neetu Rabindranath. This programme was first started by IGNOU on 24 February. The main reason to conduct this programme is that student of each region can know more about culture, food habits of each other.

The first programme we learn about the kalarippayattu a martial art designed for the ancient battlefield with weapons and combative techniques. According to ancient folklore it is believed that kalarippayattu have been founded by Parasuraman. Kalarippayattu means” practice of art of battle.” We all enjoy watching the presentation of northern style of kerala kalarippayattu.

Next presentation we all watched is another famous dance form of kerala Bharatnatyam, Mohiniyattam, kathakali.

***Mohiniyattam is an Indian Classical lasya subgenre of dance, performed in a graceful style.**

***Kathakali is a major form of classical Indian dance. It is a story play genre of art, but one distinguished by the elaborately colorful make-up, costumes and face masks that the traditionally male actors- dancer wear.**

***Bharatanatyam is a major Hindu form of Indian classical dance that originated in the modern- day region of Tamil Nadu. The Natya Shastra by Bharata Muni and Abhinaya Darpana by Nadikeshvara are considered to be the original sources one of Bharatnatyam.**

Everyone enjoys the wonderful performance of various artists. The dance steps are synchronized properly with music and facial expressions and hand gestures. Students learn more about the various dance forms of kerala along with the martial art form of south. Assistant regional director also briefs the views of Padma Shree award winner Menakshi Amma about the kalarippayattu on the occasion of international women’s day. We all see the presentation of Meenakshi Amma life and their contribution. She is truly inspiration for all the women. Her fitness is commendable. Various weapons are also introduced with the viewers. The history of kalarippayattu also briefly explained. The interesting points are narrated about the Kalari to linguistic, our freedom fights and colonialism destroying culture on this platform. Handicraft of kerala, skills of the peoples are also shown beautifully in the presentation. Everyone who is participating in this programme get more knowledge about the kerala.

